

# Developing Healthy, Inclusive and Age-Friendly

## Cities in the PRC: From Policy to Practice

Shanghai, 21 – 22 November 2018

Metropolo Jinjiang Hotel 15F Kunlun Room

## AGENDA

### Day 1 – Wednesday 21 November

**08:30 – 09:00 Registration**

**09:00 – 09:30 Opening Remarks**

**Moderator:**

- *Prof. Lan Wang*  
*Assist Dean of College of Architecture and Urban Planning, Tongji University; Vice Director, ADB-Tongji Urban Knowledge Hub*

**Speakers:**

- *Dean Prof. Zhenyu Li*  
*College of Architecture and Urban Planning, Tongji University*
- *Prof. Zilai Tang*  
*College of Architecture and Urban Planning, Tongji University; Director, ADB-Tongji Urban Knowledge Hub*
- *Ms. Teresa M. Kho*  
*Deputy Director General, East Asia Regional Department, Asian Development Bank (ADB)*

## Session I: Developing Healthy Cities

By 2030 almost 70% people in China will live in a city, and this number is expected to continue to rise. The design of cities plays a pivotal role in the health of its inhabitants. This session will set the context of the topic by providing an overview of the Healthy China 2030 policy and trends in urbanization and aging demographics in the country. It will outline the key health challenges and the resulting opportunities and challenges for urban planning in PRC. It will discuss how a focus on health and wellness can have profound implications for urban design and redesign and livability of urban environments.

While city planners regularly take into consideration the economic viability of cities, not many explicitly consider health. Yet health and wellness account for between twenty to thirty percent of all economic activity and are the only continual source of new job growth in advanced economies. A focus on health and wellness would mean designing and developing transportation systems, housing, and recreational facilities that meet the needs of all. It would also mean the creation of a truly “smart city”, with prevention and healthcare systems supported by comprehensive information networks providing data in real time.

### 09:30 – 10:30 Presentations:

#### Healthy City: international progress and insights for China

- *Mr. Xiaopeng Jiang, Representative, WHO, Beijing Office*

#### Healthy city development under the perspective of healthy China

- *Prof. Hongwei Yang, Deputy Director of China National Health Development Research Center*

#### Key Issues of Healthy City Planning in China

- *Prof. Lan Wang, Assist Dean of College of Architecture and Urban Planning, Tongji University; Vice Director, ADB-Tongji Urban Knowledge Hub*

### 10:30 – 10:45 Coffee break

### 10:45 – 11:45 Moderator:

- *Ms. Wendy Walker, Chief of Social Development Thematic Group, Social Development Thematic Group, SDCC, ADB*

#### Discussants:

- *Ms. Belinda Yuen, Research Director, Lee Kuan Yew Centre for Innovative Cities, Singapore University of Technology and Design*
- *Prof. Li Zhang, Deputy Director of the Leadership Training Center of Urban-Rural Development, Tongji University and Ministry of Housing and Urban Rural Development*
- *Prof. Lan Wang, Assist Dean of College of Architecture and Urban Planning, Tongji University; Vice Director, ADB-Tongji Urban Knowledge Hub*
- *Prof. Hongwei Yang, Professor, Deputy Director of China National Health Development Research Center*
- *Mr. Xiaopeng Jiang, Representative, WHO, Beijing Office*
- *Ms. Yong Liu, Deputy Director, Institute of Standards and Norms, Ministry of Housing and Urban-Rural Development (MoHURD)*

#### Questions & Answers

### 12:00 – 13:15 Lunch (1F Restaurant of Metropolo Jinjiang Hotel)

## **Session II: Assessing Healthy Cities: tools and approaches**

With rapid urbanization, changing demographics, increasing communicable diseases including pandemic threats and the impact of climate change, it is becoming clear that cities as centers of living and working need to provide healthier conditions for their populations.

Countries are implementing Universal Health Coverage (UHC) focusing on three dimensions: i) increasing coverage of services, ii) enhancing quality of care and iii) protecting households from getting into poverty from catastrophic health expenditures. To achieve UHC requires countries to also address the social determinants of health using a multi-sectoral approach. There is significant interest in how to better account for the contribution of non-health sectors to health outcomes using various tools including Health Impact Assessment. Additional emphasis on health outcomes will contribute to greater economic viability of urban development.

This session will discuss two approaches and the respective tools.

The first focuses on using the HIA tool to identify priorities for local government actions by: (i) assessing urban development impacts on health, (ii) applying a health lens to urban planning to identify emerging challenges – i.e., Non Communicable Diseases, aging, (iii) identifying actions to address the emerging challenges, (iv) by bringing stakeholders together and informing a public health management plan, and (v) develop a monitoring and evaluation system. Examples from its use with municipalities in PRC will be shared.

The second will discuss the Healthy City criteria and indicators that have been developed for PRC.

### **13:15 – 13:55 Presentations:**

#### **Health Impact Assessment for Healthy Cities**

- *Dr. Janis Shandro, Community Health and Safety Specialist, University of Victoria, British Columbia*
- *Dr. Filipe Silva, Director of Public Health by Design Limited*

#### **Healthy City Development and Assessment in China**

- *Mr. Yong Lu, Director, Health Promotion Division, Chinese Center for Health Education*

### **13:55 – 14:55 Moderator:**

- *Dr. Susann Roth, Principal Knowledge Sharing and Services Specialist*

#### **Discussants:**

- *Dr. Janis Shandro, Community Health and Safety Specialist, University of Victoria, British Columbia*
- *Dr. Filipe Silva, Director of Public Health by Design Limited*
- *Mr. Wang Lijun, Deputy Director, Yanji City Development Reform Commission*
- *Mr. Shi Honglin, Director, Health Bureau Yanji City*
- *Mr. Li Wenhua, Deputy Director, Environmental Protection Bureau*
- *Mr. Guoping Luo, Director of Finance Bureau of the Lincang Border Economic Cooperation Zone Management Committee (Yunnan Province)*
- *Stefan Rau, Senior Urban Development Specialist, ADB*
- *Mr. Tianjie Xiao, Deputy Director of Lincang Municipal Health Commission*

#### **Questions and answers**

### **14:55 – 15:10 Coffee Break**

### **Session III: Experience from the PRC**

This session will introduce concrete cases from the PRC of the ways in which municipalities are trying to develop healthy and age friendly cities which address the needs of their populations through improved urban design and services. It will present cases in which municipalities are experiencing rapid population aging and experiences of cities in elderly care sector development in PRC. Further, this session will discuss steps towards developing a healthy city project.

This session's format will be a panel discussion on challenges currently being faced and innovations being undertaken.

The presenters/moderators will provide a brief introduction of the issues and the panelists will each give their responses, comments, and answer the moderator's questions. Further, this session will open to the floor to share the experiences among the local governments and other stakeholders, and discuss effective policies to develop sustainable elderly care systems in a city and strengthen city functions to support a livable aging society.

#### **15:10 – 16:10 Presentations:**

##### **Mechanisms to Promote Healthy City in Taiwan and Performance Evaluation**

- *Hsien Wen Kuo, Professor, Institute of Environmental and Occupational Health Sciences in National Yang Ming University*

##### **Community-based injury prevention and intervention- a safer and healthier city**

- *Prof. Shumei Wang, Professor, School Public Health in Fudan University*

##### **ADB Hebei Elderly Care Development Project – Learning from International Experience, Improving Project Design**

- *Ms. Wei Xue, Director, Hebei Province Financial Department*

#### **16:10 – 17:10 Moderator:**

- *Prof. Weiqiang Wang, Professor, College of Architecture and Urban Planning, Tongji University; Vice director, ADB-Tongji Urban Knowledge Hub*

##### **Discussants:**

- *Prof. Shumei Wang, School Public Health in Fudan University*
- *Prof. Hsien Wen Kuo, Professor, Institute of Environmental and Occupational Health Sciences in National Yang Ming University*
- *Ms. Wei Xue, Director, Hebei Province Financial Department*
- *Ms. Jie Bai, Urban Development Specialist, ADB*
- *Prof. Lan Wang, Assist Dean of College of Architecture and Urban Planning, Tongji University; Vice Director, ADB-Tongji Urban Knowledge Hub*

##### **Questions and answers**

#### **18:00 Dinner (1 F Restaurant of Metropolo Jinjiang Hotel)**

## Day 2 –Thursday 22 November

### Session IV: Developing Inclusive and Age-Friendly Cities – Global Initiatives: Local Practice

This session will highlight global initiatives and local practice in developing inclusive and age-friendly cities, highlighting the successes and practice in the region. The session will also discuss the approaches to addressing the needs of all including persons with disabilities and aging populations in urban planning and design. It will present international (UK, Singapore and Hong Kong) and national cases and highlight the role of key concepts such as community, livability, accessibility and social inclusion and inclusive design in the approaches taken.

#### 09:00 – 10:40 Presentations:

##### **Inclusive Design and Accessibility for Persons with Disabilities**

- *Ms. Vicky Austin, Director, Global Disability Innovation Hub*

##### **Design and Implementation of Healthy and Age-Friendly City in Hong Kong, China**

- *Mr. Robert Wong, Project Development Director, Hong Kong Sheng Kung Hui Welfare Council*

##### **Retooling the housing environment for ageing in Singapore**

- *Ms. Belinda Yuen, Research Director, Lee Kwan Yu Center for Innovative Cities, Singapore University of Technology and Design*

##### **Shanghai Age-Friendly Environment Assessment Indicator System**

- *Mr. Xiaocang Ding, Former Deputy Director, Shanghai Jing'an District Health Bureau*

##### **The Impact of Urban Green Space on the Social Life of the Elderly**

- *Yifan Yu, Professor, College of Architecture and Urban Planning, Tongji University*

#### 10:40 – 10:50 Coffee Break

#### 10:50 – 11:30 Moderator:

- *Dr. Xiu Yang, Research Fellow, College of Architecture and Urban Planning, Tongji University*

#### Discussants:

- *Ms. Belinda Yuen, Research Director, Lee Kwan Yu Center for Innovative Cities, Singapore University of Technology and Design*
- *Prof. Yifan Yu, College of Architecture and Urban Planning, Tongji University*
- *Hsien Wen Kuo, Secretary general, Chinese Taipei Health City Alliance*
- *Mr. Xiaocang Ding, Former Deputy Director, Shanghai Jing'an District Health Bureau*
- *Ms. Vicky Austin, Director, Global Disability Innovation Hub*
- *Mr. Robert Wong, Project Development Director, Hong Kong Sheng Kung Hui Welfare Council*

#### Questions & Answers

#### 11:30 – 12:00

##### **Summary Points and Closing Remarks**

- *Prof. Lan Wang, Assist Dean of College of Architecture and Urban Planning, Tongji University; Vice Director, ADB-Tongji Urban Knowledge Hub*
- *Ms. Wendy Walker, Chief of Social Development Thematic Group, Social Development Thematic Group, SDCC, ADB*
- *Mr. Sangay Penjor, Director, Urban and Social Division, East Asia Department, ADB*

#### 12:00 – 13:15 Lunch (1 F Restaurant of Metropolo Jinjiang Hotel)

### Session V: Site visit organized by Tongji University

For site visit, three sites are arranged related to the Healthy City and Age-Friendly City. One is located in Xuhui West Bund and two others are neighboring located in Jing'an district. Participants will gather in the hotel lobby after lunch and take bus to the Jing'an district for a half-hour visit. One is Healthcare Self-service station, which is a free physical examination for residents and set up on every avenue in Jing'an district, another one I Know is an organization that prevents Alzheimer's disease for community, both of them are community health promotion place reflect the Age-friendly principles. After that, visitors will take bus to the West Bund in Xuhui district to learn about city development of Shanghai.

- 13:15**      **Gathering at Metropolo Jinjiang Hotel Lobby and take bus**
  - *Two bus will be provided*
  
- 13:45 – 14:15**      **Visit the Healthcare Self-service Station and I Know**
  - *Interpreted by Mr. Ding and Ms. Zhuang*
  
- 14:50 – 15:30**      **Visit Xuhui West Bund Planning Exhibition Center**
  - *Interpreted by Mr. Keyang Ye*
  
- 15:30 – 16:00**      **Field research in the opening space, visit the healthy facilities in West Bund**
  
- 16:00 – 16:30**      **Visit Artificial Intelligence Center**
  - *Scenery of Xuhui District and Huangpu River*
  
- 17:00**              **Back to the Metropolo Jinjiang Hotel**

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CSUS Healthy City Academic Committee

Healthy City Wlan Lab

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